



MAKITUK PINGWARTUK

1/ CAPE DORSET FOOD STORY 1977

In Cape Dorset 98% of the families live mainly on land food. There are about 3 or 4 households where there is no hunter in the family and they depend on relatives or friends giving them land foods. People buy meats and packages of food from the store because 1) they get tired of eating their own land foods, they buy mainly chicken legs, pork chops, steak, and hamburger meat. 2) sometimes they do not have land foods as they may not have a skidoo or a boat to hunt.

PREFERENCE FOR LAND FOOD

People say they would eat more foods from the land if they had a freezer, for many people in Dorset have to walk a long way in the summertime to use the community freezer. If they had one near to them they could freeze duck, ptarmigan or geese then they could eat these foods in the winter when there is none to hunt.

If they knew how to make seal and caribou taste better, because the white man's food has lots of taste but it doesn't make them full.

I tell the ladies not to give their babies food from jars. I show them how to grate their own meats to make it small for the babies to chew.

The people were mad at the Bay and the Coop because this summer there was no flour and milk for awhile. Some people had friends from Suqlug or Frobisher Bay or Coral Harbour. People who had lots of kids to feed needed flour badly, they couldn't afford to buy a lot of bread and they made bannock from macaroni. The Bay and Coop should make sure they have enough for people.

People are smoking too much because the coop gave away cartons of cigarettes with \$15 worth of food or anything.

People say they don't know what good foods are in the store because they can't read the signs to say what is good for the body.

Rec'd Jan 14/81

Order No.

cc: Ken-uf

a. No: Indigenous Affairs

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Date Due	
MAR 13 '86	
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MAR 13 '89	

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PINGWARTUK, Makituk
AUTHOR

Cape Dorset four story 1977.
TITLE

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DATE LOANED	BORROWER'S NAME	DATE DUE
	<i>L. Schneider</i>	MAR 13 '86
	RENEWAL	MAR 27 '86
	RENEWAL	APR 10 '86
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